

	Title: Restraint and Seclusion	Version: 2
	Owner: Melissa Mitchell (Director of Production)	Approved: 03/22/2018

Purpose: To establish Dental Care Organization’s (DCO’s) policy on restraint and seclusion of enrollee’s during treatment.

Responsibility: Quality Improvement (QI)/Utilization Review (UR) Committee

Scope: Advantage Dental Services, LLC

Definitions:

1. **Restraint:** Is any physical or mechanical device, material, medication, or equipment that immobilizes or reduces the ability of an enrollee to move his or her arms, legs, body, or head freely. A restraint can be a drug or medication when it is used as a restriction to manage the enrollee’s behavior or restrict the enrollee’s freedom of movement and is NOT a standard treatment or dosage for the enrollee’s condition.

2. **Seclusion:** Confining an enrollee to an area when the enrollee is physically prevented from leaving the area or when staff gives the impression that physical intervention will occur if he/she attempts to leave. The enrollee is not allowed to leave the area or the room and is physically prevented from leaving.

Forms: n/a

References: 42 CFR 438.100

Policy:

In accordance with Federal Law, DCO recognizes that each enrollee has the right to be free from any form of restraint or seclusion used as a means of coercion, discipline, convenience or retaliation.

Use of Restraint or Seclusion:

Seclusion will not be used by Advantage Providers.

Restraint may only be used when less restrictive interventions have been determined to be ineffective to protect the enrollee, staff members or others from harm. The type or technique of restraint used must be the least restrictive intervention that will be effective to protect the enrollee, a staff member, or others from harm. In addition, the nature of the restraint must take into consideration the age, medical and emotional state of the enrollee. Restraint by the parent or legal guardian during knee-to-knee examination is an accepted practice and recommended as the preferred method of restraint for young children. Under no circumstances may an individual be restrained for more than one (1) hour.

The use of restraint must be implemented in accordance with safe and appropriate restraint techniques in accordance with applicable state law. In addition, the use of restraint must be in accordance with the order of a licensed health care professional who is responsible for the care of the enrollee. Seclusion and restraints will not be used as a means of coercion, discipline, convenience or retaliation.

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Approvals:

Date: 03/22/2018

Approved by:

Jeanne Dysert (Chief Operating Officer), Lorena Reinhart (Executive Assistant), Melissa Mitchell (Director of Production), Tamara Kessler (VP and Corporate Counsel), Chief Operating Officer, Director of Production, Executive Assistant, VP and Corporate Counsel, Executive, Legal, Operations, Production

Reviewed and Revised

03/12/2015	Jeanne Dysert	Tamara Kessler	Missy Mitchell	Laura Donadio	
02/23/2016	Jeanne Dysert	Tamara Kessler	Missy Mitchell	Jeff Dover	
02/14/2017	Jeanne Dysert	Tamara Kessler	Missy Mitchell		
10/17/2017	Jeanne Dysert	Tamara Kessler	Missy Mitchell	Rose Novak	Gary Allen, DMD
03/12/2018	Jeanne Dysert	Tamara Kessler	Missy Mitchell	Rose Novak	